

# SELF-EVALUATION JOURNAL PROMPT

1

HAVE I PRAYED ABOUT WHAT AREAS I NEED TO CHANGE? IF SO, WHAT DID GOD SAY?

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HAVE I BEEN READING THE BIBLE? WHAT HAS RECENTLY RESONATED WITH ME?

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3

HAVE I BEEN WRITING IN A JOURNAL? IF SO, HAS IT HELP ME EXPRESS MY THOUGHTS AND EMOTIONS?

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HAVE I FOUND SOMEONE TO HOLD ME ACCOUNTABLE? IF SO, HAVE I PRAYED ABOUT THIS INDIVIDUAL?

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